




Year 9: Assessment statements

Subject: Leadership through Core PE



	 <p>Curriculum strand 1 – Head Key knowledge</p>	 <p>Curriculum strand 2 – Hands Key Skills</p>	 <p>Curriculum strand 3 – Heart Leadership</p>
<p>Excellence</p> <p>(Indicative of student who will go on to achieve a grade 7-9 at GCSE, if they continue to progress as they are).</p>	<ul style="list-style-type: none"> - Students have a very clear understanding of the rules of the game. - They understand basic and advanced tactics and can apply them to different situations confidently. - Students have extensive knowledge of how the components of fitness, principles of training and the effects of exercise can improve performance. - Evaluate the technical and tactical demands of performance. - Students can plan, lead, and justify an effective coaching session. 	<ul style="list-style-type: none"> - Students are able to perform basic and advanced skills in a game with consistency and precision. - They can apply advanced tactics within a game to outwit their opponents, even when the situation is changing. - They have a clear and influential role in the game. - Can demonstrate, with outstanding precision, control and fluency, an extensive range of appropriate skills, techniques, and tactics in complex and challenging activities 	<ul style="list-style-type: none"> - Students are able to effectively plan and lead own and others' warm-up and explain chosen exercises and suitability for each sport/activity. - Referee/umpire with confidence, applying the rules when appropriate and to challenge peers when necessary. - Evaluate own strengths and areas for development, to then plan and lead an effective practice to address areas of development. - Students embrace challenges, are resilient to setbacks and always give 100%. - Have an exceptional range of effective communication skills and demonstrate these when leading large groups of performers. - Demonstrate outstanding confidence, authority and respect when officiating leading and participating.
<p>Secure</p> <p>(Indicative of student who will go on to achieve a grade 5-6 at GCSE, if they continue to progress as they are).</p>	<ul style="list-style-type: none"> - Students have a clear understanding of the rules of the game. - They understand basic and some advanced tactics and can apply them to different situations within a game. - Can describe many short and long-term effects of exercise on physical, mental, and social wellbeing. - Students are able to lead an effective warm up to the whole class. - Students can identify problems with technique and can apply teaching points to correct these mistakes. 	<ul style="list-style-type: none"> - Students are able to perform basic and some advanced skills in a game with consistency. - They can apply tactics to outwit their opponents and can adjust them when the situation changes. - They have some control over the game. - Students can demonstrate, with consistent accuracy and success, a range of appropriate skills, techniques, and tactics in challenging activities. 	<ul style="list-style-type: none"> - Students are able to effectively plan and lead own and others' warm-up and explain chosen exercises and suitability for each sport/activity. - Referee/umpire with confidence, applying the rules when appropriate and to challenge peers when necessary. - Students identify and explain strengths and areas for improvement and plan what actions to take to improve performance for areas of development. - Students are confident and competent when leading large groups of performers. - Students can effectively apply methods of communication to different ages, abilities, experiences, and situations. - Students often inspire others to participate and progress in sporting activity.

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<p>Developing</p> <p>(Indicative of student who will go on to achieve a grade 3-4 at GCSE, if they continue to progress as they are).</p>	<ul style="list-style-type: none"> - Students are able to explain key rules of the game and can apply them in most situations. - They understand different tactics that can be used and can describe how they will help to outwit an opponent. - Students describe how the body adapts and benefits from regular exercise. - Students can take responsibility for leading a small group warm up. - Students have good knowledge of skills & technique and understand how this improves their own and others practical performance. 	<ul style="list-style-type: none"> - Students are able to perform basic skills consistently within a game situation. - They can apply some tactics to outwit their opponents with some success. - They have moments of control within a game situation. - Students can demonstrate with some accuracy and success skills, techniques, and tactics across a variety of sports in competitive activities. 	<ul style="list-style-type: none"> - Students are able to plan and lead own warm-up and describe chosen exercises and suitability for each sport/activity. - Referee/umpire during game play, applying the rules when appropriate. - Students identify strengths and areas for improvement and consider what actions to take to improve performance for areas of development. - Students can demonstrate confidence and leadership qualities, often volunteer to lead large group warm-ups or activities. - Students are hardworking, resilient, and eager to accept challenges. - Students have developed respectful relationships with their peers.
<p>Foundation</p> <p>(Indicative of student who will go on to achieve a grade 1-2 at GCSE, if they continue to progress as they are).</p>	<ul style="list-style-type: none"> - They understand basic rules and can apply these to a game. - They can describe key rules and apply them in most situations. - Students can lead an effective self-led warm-up. - Students can recall most major muscles in the body. - Students can describe some skills and rules in some sports. - Students can identify techniques, helping them to begin to improve their own performance. - 	<ul style="list-style-type: none"> - Students are able to perform basic skills consistently in isolation and with increasing control in a game. - They can apply some tactics to outwit their opponents with some success. - Students demonstrate with some accuracy and success, skills, techniques, and tactics across a variety of activities in moderately pressured practices. 	<ul style="list-style-type: none"> - Students are able to plan and lead their own warm-up without assistance. - Referee/umpire during game play, attempting to apply the rules when appropriate. - Students identify some strengths and areas for improvement. - Students can demonstrate leadership of a small group of peers with some confidence. - Demonstrate communication skills within discussions and activities. - Students often demonstrate respect for equipment and others.